

PO Box: 4171 01002 Madaraka Thika

Tel: 254 720-323-134 Email: [growbiointensivecenterkenya@gmail.com](mailto:growbiointensivecenterkenya@gmail.com)

Mr. and Mrs. Samuel & Peris Nderitu, Directors

Staff: John Kibet, Carol Atieno, Mary Gitau, Julius Wanjala, Carol Waithera,

Collins Chibole, Damaris Wanjiku, Moses Mbugua, Grace Mwikali, Lucy Mweche, Elizabeth Marunga, Kennedy Kiprotich, Mary Njoki, Kennedy Waweru

## GROW BIOINTENSIVE CENTRE IS ON MOST SOCIAL MEDIA PLATFORMS



*Beautiful G-BiACK Gardens*

With almost the whole world on social media today, it is now possible to reach thousands of people at the same time with important information. G-BiACK has recently acquired an IT person who is very conversant with IT technologies. His mandate is to engage the world on the work we do and the progresses that we are making in teaching people how to grow food using methods that are sustainable and regenerative.

Our platforms serve as powerful channels to share our mission and activities with a global audience. Join us on Facebook: <https://www.facebook.com/gbiack>, where we regularly post engaging updates that showcase our initiatives and connect with like-minded individuals. For a visual journey, follow us on Instagram: <https://www.instagram.com/gbiackofficial/>, where captivating photos and stories bring our work to life. Stay informed about events and discussions by subscribing to our YouTube channel: <https://www.youtube.com/@gbiacktv4243>, Podcast channel: <https://podcasts.google.com/feed/aHR0cHM6Ly9tZWVpYS5yc3MuY29tL2diaWFjay9mZWVklNhthA?sa=X&ved=0CAMQ4aUDahgKEwjAuLWbsNuAAxUAAAAAHQAAAAAQtgE> and join the conversation on Twitter: <https://twitter.com/GbiackOfficial> for real-time interactions with our passionate community. Also get important announcements on our WhatsApp Channel: <https://whatsapp.com/channel/0029Va5hUI1HwXbLLrv8AP2m>.

Together, we can amplify our message and make a lasting difference. #ImpactfulEngagement #GlobalChangeMakers

Visit our website: [www.G-BiACK.org](http://www.G-BiACK.org).

Go to Google maps to see us from above by entering: G-BiACK, Thika, Kenya

Donations of any amount help us to reach out to vulnerable families.

G-BiACK is a registered NGO in Kenya, and donations are tax deductible.

Contributions may be made directly to G-BiACK or through Network for Good on our web site.

Or checks payable to Kilili Self Help Project may be written and sent to

260 Marion Ave., Mill Valley CA 94941 USA—no overhead will be deducted, meaning that 100% of every donation will be sent to G-BiACK for our programmes.

All contributions are tax-deductible