

**e - News 15/4/14 GROW BIOINTENSIVE AGRICULTURE CENTRE, Kenya
(G-BIACK)**

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Farmers creating employment through GROW BIOINTENSIVE



Charles Mundia and his wife Jane Njeri at their hotel

Charles Mundia and his wife Jane Njeri are GROW BIOINTENSIVE farmers from Mangu, Kiambia County. This couple practices Biointensive mini farming in their two acre farm where they grow a large variety of crops. Charles and Jane wake up very early in the morning to work in their farm. Their children are in high school and therefore are never at home, so they have employed 3 people to assist them in the farm.

They are also proprietors of an organic hotel known as Bamboo Organic Foods and Drinks where they have hired 3 more people. Everything sold here is grown and produced from their 2 acre farm. The foods are mostly indigenous local foods like sweet potatoes, arrowroots, cassava, bananas and whole meal foods. They also grow fruits from which they extract juice to sell in their hotel. They specialize in growing passion fruits and watermelons.

Being GROW BIOINTENSIVE farmers, they understand that at least 60% the farm must be under carbon crops whose crop residues are used for making compost that is used for sustainable soil fertility management. Using this method of food growing, they have been able to create enough business to employ 6 people.

Visit our web site: www.g-black.org. Go to google maps to see us from above by entering: G -BIACK, Thika, Kenya

Donations of any amount help us to reach out to vulnerable families. Donations may be made through Network for Good on our web site. But to enable G-BIACK to receive the full amount, checks payable to Kilili Self Help Project may be written and sent to 260 Marion Ave., Mill Valley CA 94941 USA. All donations are tax deductible and no overhead will be deducted, meaning that 100% of donations will be sent to G-BIACK for our programmes

G-BIACK is a registered CBO in Kenya. Donations made directly to G-BIACK are tax deductible.