

**GROW BIOINTENSIVE AGRICULTURE CENTRE, Kenya (G-BIACK)
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Food Abundance in Biointensive Farms



Mr. Patrick Njuguna in his Biointensive farm in Machakos County

Our farmers are proving that organic GROW BIOINTENSIVE farms have a huge potential of growing sufficient food for the family and extra for income. According to our research, it takes a minimum of 3 years for the farmer to realize sustainability of their soils with continuous use of sufficient well balanced organic manure. Many farmers have always wanted to run away from chemicals but soil fertility has always been their biggest challenge and a change seemed risky. The GROW BIOINTENSIVE Agriculture Centre of Kenya teaches how to make and use a particular type of compost known as cold compost which contains more lignin and is well ballanced and produces better results than more commonly used compost that has been made using a lot of nitrogenous materials.

Mr. Patrick Njuguna in the picture above began converting his whole farm into a GROW BIOINTENSIVE farm three years ago. He has been practicing the principles of GROW BIOINTENSIVE for the last 3 years because he realised that chemicals were destroying his soil. He is now happy that he is able to produce a variety of crops in his farm without the use of chemicals. His cost of production has reduced drastically. Organic consumers have noticed that Mr. Patrick does not use chemicals in his farm and so they have started purchasing food crops from him. He has confessed that all his food and all his income comes from this farm and with its increased abundance he is now able to feed his family very well and earn comfortable income as well.

Visit our website: www.g-biack.org.

Go to Google maps to see us from above by entering: G-BIACK, Thika, Kenya

Donations of any amount help us to reach out to vulnerable families.

G-BIACK is a registered NGO in Kenya, and donations are tax deductible.

Contributions may be made directly to G-BIACK or through Network for Good on our web site.

Or checks payable to Kilili Self Help Project may be written and sent to

260 Marion Ave., Mill Valley CA 94941 USA—no overhead will be deducted, meaning that 100% of every donation will be sent to G-BIACK for our programmes.

All contributions are tax-deductible