

## THE GIRLS EMPOWERMENT PROGRAM- SUCCESS STORIES PART 3



Catherine Manga



Dollycate Karegi

The GROW BIOINTENSIVE Agriculture Centre of Kenya's special education project Girls Empowerment Programme (GEP) has now graduated more than 500 young women since its inception 7 years ago.

The GEP courses offered are geared towards helping the girls to become self-reliant once they graduate. The programme provides 4 main skills-based, practical courses which are compulsory for all of the students. These are: GROW BIOINTENSIVE farming, food and beverages (cooking and baking), textiles (sewing and tailoring), and computer literacy. Agroecological GROW BIOINTENSIVE Agriculture comprises 70% of the entire course. Of the 500 plus graduates, at least 70% have been able to secure jobs and income, either through employment or by creating their own micro enterprises. We have made sure that the girls graduate with sufficient competencies to compete both in the job market and in the world of small businesses.

Pictured above are two of our GEP graduates who secured jobs at Gardens of Hope in Taita Taveta. Catherine Manga graduated in the year 2021, while Dollycate Karegi graduated in 2022. They are both working as community field extension officers promoting and teaching the GROW BIOINTENSIVE Agriculture methods in the semi arid regions of Taita Taveta County. Gardens of Hope is a grassroots, non-profit Community Based Organization whose main focus is to share knowledge on "GROW BIOINTENSIVE" and "REGENERATIVE FARMING" methods, including ENVIRONMENTAL and BIODIVERSITY conservation. The organization envisions communities with sustainably improved livelihoods, empowered to skillfully manage their resources to optimize food production. Their goal is to restore food sovereignty, improve nutrition for healthier diets, and promote environmental conservation through training and active participation of Children, Youth, and Adults.

Visit our website: [www.G-BIACK.org](http://www.G-BIACK.org).

Go to Google maps to see us from above by entering: G-BIACK, Thika, Kenya

Donations of any amount help us to reach out to vulnerable families.

G-BIACK is a registered NGO in Kenya, and donations are tax deductible.

Contributions may be made directly to G-BIACK or through Network for Good on our web site.

Or checks payable to Kilili Self Help Project may be written and sent to

260 Marion Ave., Mill Valley CA 94941 USA—no overhead will be deducted, meaning that 100% of every donation will be sent to G-BIACK for our programmes.

All contributions are tax-deductible