

**e - News 15/2/13 GROW BIOINTENSIVE AGRICULTURE CENTRE, Kenya  
(G-BIACK)**

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**A GROW BIOINTENSIVE SUCCESS STORY FROM THE YEAR 2012**



*The Kilimambogo hospital mini agricultural centre*

*Mama Lucy and Mama Margaret in a garden*

The Kilimambogo sub location is situated in Thika East district in central province of Kenya. This is a semi arid region which receives less than 500mm of rain per year. Over the years, more than 80% of the community members have suffered from lack of food and malnutrition. Poverty rate among the residents has been very high. Farmers have been practicing conventional type of farming which is very expensive and unaffordable. The community has been receiving relief food from the government due to high hunger rates. The number of people living with HIV and AIDs is high. Women in the region suffer the most because they are left home to fend for their children.

However, in the year 2010, G-BIACK and the Kilimambogo level 4' hospital collaborated to address the problem of hunger and malnutrition, especially among the women living with HIV/AIDs, through the introduction of the GROW BIOINTENSIVE mini farming. G-BIACK established a demonstration center at the hospital with the aim of teaching the community members and to produce food that would feed the in-patients especially those living with HIV/AIDs. More than 1, 600 women and youth have been trained so far. All the women trained have established a kitchen garden and they are growing healthy organic food. The above ladies were almost in critical conditions due to HIV/AIDs but after receiving the GB knowledge and eating healthy food, their health improved tremendously.

Many hundreds of families in the Kilimambogo Thika East district can now feed themselves thanks to the GROW BIOINTENSIVE farming system because it is a sustainable method that everybody, rich or poor, can afford.

Please visit us! We are located 10km east of Thika town along the Thika – Garissa Rd (highway A3)

Or visit our web site: [www.g-black.org](http://www.g-black.org)

*Donations of any amount help us to reach out to more vulnerable families. Checks payable to Kili Self Help Project and designated for G-BIACK may be mailed to 260 Marion Avenue, Mill Valley CA 94941 USA. Donations are tax deductible and 100% of the donated amount will be sent to G-BIACK for our programmes.*

**G-BIACK- Empowering the communities ~ Transforming Lives**

(G-BIACK is a registered CBO in Kenya. Donations are tax-deductible)