

GB-NEWS

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Fruits of Their Labor

Stories from Mwang'a and Kwamwaura Communities, Machakos County...



Farming in a dry region like Machakos County is not for the faint-hearted. The land is tough, the rains are unpredictable, and water is often scarce, not just for irrigation, but even for daily use at home. Still, amidst these challenges, Farmers are working hard and smart in their communities. Literally.

This week, our field officers from the Grow Biointensive Agriculture Center of Kenya (GBIACK), **Kennedy Namdago** and **Collins Chibole** visited two farmers from the Mwang'a and Kwamwaura communities.

In one photo, Wellington Musau proudly stands beside a papaya tree (right) loaded with green fruits. In the other, Mary Mutua stretches up to touch a towering bunch of bananas.(Left). These are some of the results of years of learning and practicing GROW BIOINTENSIVE.

For these farmers, water scarcity is a daily reality. But instead of giving up or waiting for external help, they've learned how to make the most of what they have. One of the first things they were taught is how to build compost piles.

This compost not only feeds crops with essential nutrients, but also improves the soil's structure, helping it hold more water for longer. In a place where every drop counts, that's a big deal! They also rely on open-pollinated seed varieties that adapt better to local conditions, rather than expensive hybrids that often demand more water and chemical inputs.

Madaraka Day

1st June 2025

As we celebrated Madaraka Day, we were reminded of the strength and courage it took for Kenya to take control of its own destiny. It's a day that speaks of freedom, self-reliance, and the power of people to shape their future. In many ways, the farmers we work with embody that same spirit.

They are taking charge of their own food systems, building healthier soils, and growing resilient farms.

**#Building Kenya
with our own hands**



STUDENT OF THE WEEK
ROBINSON JUMA
26TH- 31ST
MAY
2025

QUOTE OF THE WEEK

“Success is not permanent and failure is not final. Never stop working after success and never stop trying after failure.

VERSE OF THE WEEK

“Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus

PHILIPPIANS 3:13-14 (NIV)

Capacity Building

Advocacy and Media Engagement should be practical and should be for all and not specific individuals. It should also be engaging.



LUCY MWECHIE- G-BIACK STAFF