

GB-NEWS

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Hibiscus, Straight from Our Garden

In our garden, the hibiscus plants are growing beautifully. They will give us hibiscus tea, which is one of the tastiest and healthiest drinks you can have. It's really refreshing, and good for the body. There's something special about knowing that a cup of tea can come from right here, grown with care. It's a daily reminder that healing and nourishment can grow right at our feet.



STUDENT OF THE WEEK

JOYCE KULOLA

1ST - 8TH

JUNE

2025

QUOTE OF THE WEEK

“A dream means no nothing if left on the pillow. Wake up and make it be a reality

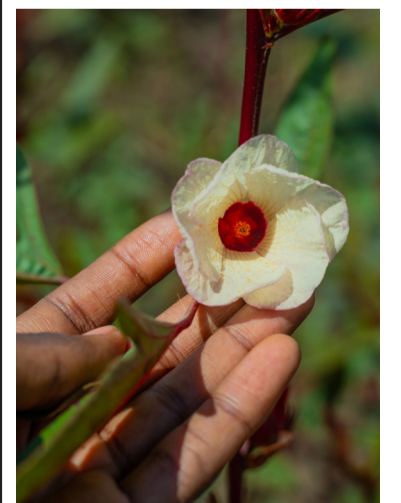
VERSE OF THE WEEK

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A dream comes when there are many cares and many words make the speech of a fool

ECCLESIA NTES 5:3 (NIV)

A Close-Up of a Roselle Flower (Hibiscus sabdariffa)



Rare Original Vegetable Eggplant.

Educational Excursion Visit to JKUAT By our Youth Empowerment Program.

An educational visit that opened minds to science, technology, and possibilities

Yesterday (June 11th 2025), 29 youth from G-BiACK's Youth Empowerment Program took part in an educational excursion to Jomo Kenyatta University of Agriculture and Technology (JKUAT). The visit gave them hands-on exposure to the university's cutting-edge work in agriculture, biotechnology, and engineering. For many, it was their first glimpse into the possibilities of science and innovation applied to real-world challenges.



Featured: A tour session on one of the sections at JKUAT

Kwamwaura farmers Training this Week

This week, we spent a meaningful day with nine farmers from the Kwamwaura community, learning and working together in the soil. The focus? Double Digging, a hands-on technique that helps improve soil health, conserve water, and give crops the best chance to thrive.

It was a practical training, lead by Philomena Njeri from G-BiACK but it felt more like a community effort. We laughed, sweated, shared stories, and encouraged one another as we dug deep into the soil...literally and figuratively. For some of the farmers, this was their first time trying the method.

We left the field tired but happy, knowing that what we started together will soon take root in their own gardens and homes. It's always inspiring to see farmers invest in learning, and even more powerful to know they're doing it to care for their families, their land, and their future.

