

GB-NEWS

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**STUDENT OF THE
WEEK**
CLINTON OTIENO
9TH - 15TH
JUNE
2025

QUOTE OF THE WEEK

“

Success isn't lack. It's effort
resilience and the decision to
keep going when it gets hard

VERSE OF THE WEEK

“

Let us not become weary in
doing good, for at the proper
time we will reap harvest if we
do not give up

GALATIANS 6:9

Cooking class from our Youth Empowerment Program--- Yummy!



Class By Raphael



We welcomed Solidaridad East and Central Africa farmers for a 2-day field training at G-BiACK. The farmers toured the centre, learned about who we are and what we do. This was also the time we introduced them to the GROW BIOINTENSIVE Agriculture technique, which is a highly practical, inexpensive, and organic approach based on principles that improve soil fertility and yields by working with nature rather than against it. The farmers then experienced hands-on demonstrations and engaged in open discussions of the 8 core principles of GROW BIOINTENSIVE and how these could be applied to increase productivity and sustainability on their farms.

Composting and Planting

This week, farmers got hands-on experience with two key Grow Biointensive practices: close planting and compost making. During the session, they learned how close spacing helps create a living mulch, which conserves moisture, suppresses weeds, and increases yields in small plots.

They also participated in building compost piles using locally available materials, gaining practical skills on how to turn farm and kitchen waste into rich organic fertilizer. These activities are essential steps toward building healthy soil and improving food production in a sustainable way.



Happy Farmers after successfully completing a practical training on Composting at Kwamwaura, Machakos County.

In Loving Memory

It is with deep sadness that we share the news of the passing of one of our dear farmer, **Andrew Muthoka kileti**. His presence was always kind, generous with his knowledge and property, and deeply committed to the learning.

We remember him for the hope and wisdom that he showed to us and those around him. We extend our heartfelt condolences to his family and loved ones. May they find comfort in knowing how deeply, Chairman was loved and respected. Rest in peace, Chairman Andrew Muthoka Kileti.

