

GB-NEWS

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STUDENT OF THE WEEK
JABEER OMOLLO
 28TH JULY -3RD AUG
 2025

QUOTE OF THE WEEK

“

The only way to do great work is to love what you do!

VERSE OF THE WEEK

“

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.

Col 3:23 (NIV)



A Visit from The Institute for Agriculture and Trade Policy

Featured: Sam Nderitu (Left), Madam Anne Maina (Next), and guests from the Institute for Agriculture and Trade Policy (IATP)

On the 4th of Aug 2025, we had the privilege to host a field visit in partnership with BIBA Kenya, for The at G-BiACK.

Led by our Director, Nderitu Sam, the visit gave an applied appreciation of agroecological practices that are changing food systems.

Key points from the Visit:

- ☑ Youth and women Empowerment.
- ☑ Composting approaches to build the soil.
- ☑ Local-level production of safe, effective bio-inputs owned by the farmers.
- ☑ Community seed banks that conserve local seed varieties and practice seed sovereignty.
- ☑ Sharing ideas on how these grassroots-based practices can inform policy, thereby strengthening their climate resilience and enhancing the empowerment of the farmers.

Farming with Heart ...



Featured: Philomena

This is Philomena, one of the dedicated smallholder farmers trained by G-BiACK (Grow Biointensive Agriculture Centre of Kenya). She stands in her lush garden, harvesting beans with the same care and patience she's poured into the soil. Through G-BiACK's GROW BIONTENSIVE training, Philomena has learned how to grow more food using less land, less water, and no chemicals.... just compost, companion planting, and the natural rhythms of the earth.

Her journey hasn't been easy, but she speaks about her transformation with quiet pride. *"When you grow organic, you grow health in the food, but in your body, your soil, and your soul,"* she says, smiling as she cradles a handful of fresh beans.



Featured: G-BiACK Interns

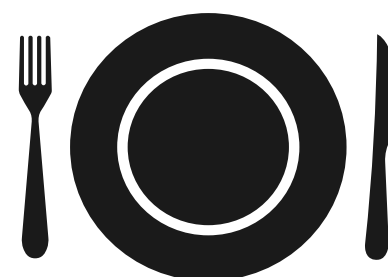
A Glimpse Into Our Internship Program

We're excited to share a short video highlighting what it's like to be at the GROW BIOINTENSIVE Agriculture Centre of Kenya (G-BiACK). Our Internship program gives young people hands-on experience in sustainable agriculture, community engagement, and practical life skills. This short clip provides a snapshot of the work and learning environment at G-BiACK.

Asante to all our interns. Watch the video on our YouTube channel: **G-BLACK TV**

What's on Your Plate?

By Kennedy Mburu



When you sit down to eat, do you ever wonder where your food came from or who grew it? That maize in your ugali might be from hybrid seeds, while the sukuma wiki could carry pesticide residues. What you choose to eat matters for your health and your future.