GB-NEWS

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GrowingTogether

"Changing the future of food starts small."

ISSUE 017 | SEP 11[™] 2025

From Mbeere & Tharaka to G-BiACK

Farmers from Anglican Development Services of Mt Kenya East (ADSMKE) agroecological solutions at G-BiACK.

G-BiACK hosted over 70 farmers, today (11th Sep 2025), from the Anglican Development of Mount Kenya East (ADSMKE) for an intensive one-day agroecological training and field visit. The farmers, largely from Mbeere and Tharaka, were engaged fully in hands-on activities in all major areas of soil fertility management, composting, water harvesting, indigenous seed conservation, and generally GROW BIOINTENSIVE farming techniques. In visit to demonstration fields of G-BiACK, the visitors had the opportunity to view the actual results of ecological practices, such as healthy soils, resilient crops, and diversified food systems. The trainers stressed the importance of reducing chemical input dependencies, promoting indigenous seeds, and encouraging low-cost options that a small farmer could experiment within his

or her own farm. The interaction went beyond training to also an exchange of ideas. Farmers shared experiences from their regions, asked practical questions, and reflected on how these approaches could address food security challenges back home. Many expressed excitement at the possibility of adopting some of the practices they witnessed, noting that agroecology offered them both sustainability and independence.













GROW

G-BIACK's Internship Program is giving young people from across the region, including Kenya, Sudan, and beyond, the chance to grow their skills while making a real impact in communities. Through hands-on training in agroecology, and fieldwork, interns gain practical experience that bridges the gap between theory and practice.

The program also helps participants discover their potential as leaders and change-makers.



It is more on the hands on

skills than the theory. Real

Indigenous seeds remain the hidden strength behind resilient farming and food security. Unlike hybrid or imported varieties, local seeds are deeply adapted to the soils, climate, and traditions of our communities, making them reliable even under changing weather conditions.



QUOTE OF THE WEEK



You have got this, "We belive in you." Keep going start strong and Don't Give Up.

VERSE OF The Week

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Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him

JAMES 1:12 (NIV)

EVENT





