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UNDERSTANDING THE HIDDEN COSTS OF GMOS





COSTS OF GMOS



For years, genetically modified organisms (GMOs) have been promoted as a solution to hunger, poverty, and climate change. The promises were appealing; higher yields, pest resistance, and even improved nutrition. But for many farmers, the reality tells a different

Instead of reducing costs, GMO seeds often increase dependency on expensive inputs, force farmers to buy new seeds each season, and threaten the practice of saving and sharing indigenous seeds. They also raise concerns about biodiversity loss,

environmental damage from increased chemical use, and risks to farmer livelihoods and seed sovereignty.

The good news is that there is another path. Agroecology. Farming that works with nature offers healthier soils, resilient crops, and independence for farmers. Protecting indigenous seeds and strengthening community seed systems are key to food security, culture, and farmer empowerment. This book highlights real case studies, explains the risks, and shows why

> agroecology and seed sovereignty matter now more than ever. *Scan the QR code* to download the full booklet and learn more.





LOST SEEDS OF AFRICA

QUOTE OF THE WEEK

"

Integrity is doing the right thing even when no one is watching.

VERSE OF THE WEEK

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves".

PHILLIPIANS 2:3

Upcoming event



#GrowIndigenousFoodTogether

Honoring the Life of Mr. Munyoki

It is with deep sorrow that we announce the passing of Mr. Munyoki, a devoted farmer, community resource person, and seed custodian. His life was marked by dedication to his work and an unwavering commitment to supporting fellow farmers.

Throughout the years, Mr. Munyoki played a central role in preserving indigenous seeds and passing on valuable farming knowledge. His guidance and generosity of spirit helped many within our community to grow both in skill and in confidence. Mr. Munyoki's legacy will live on in the seeds he safeguarded, the farmers he mentored, and the values he embodied. His contribution to strengthening our farming community is immeasurable and will continue to inspire us for generations to

We extend our deepest condolences to his family, friends, and all who had the honor of knowing him. May his memory be a blessing, and may his vision guide us forward.