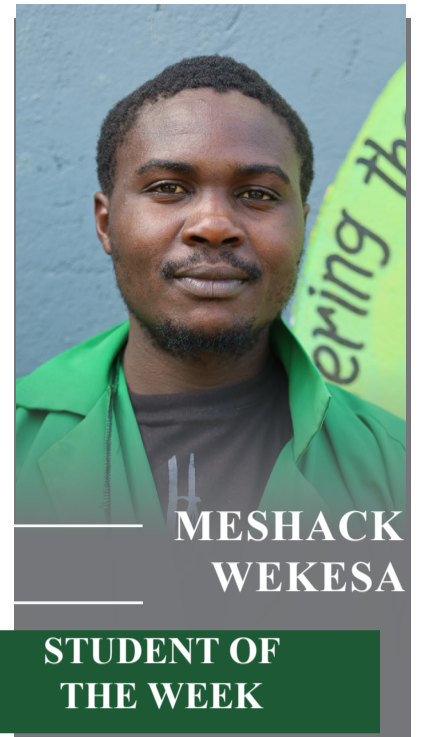


# GB-NEWS

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## AGROECOLOGY STUDY MATERIALS AVAILABLE NOW ON OUR WEBSITE!!!

Visit our website, [www.g-biack.org](http://www.g-biack.org), navigate to **Downloads** and you will be able to download softcopy documents of Agroecology presentations and much more in the coming days.



## QUOTE OF THE WEEK

“Success is not the final, failure is not fatal, it is the courage that continues to count.”

## VERSE OF THE WEEK

“Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him”

**JAMES 1:12**



**Recognizing the vital role women farmers play in nourishing families, protecting indigenous seeds, and strengthening sustainable agriculture across Kenya.**

## What Role Do Women Play in Feeding Our Nation?

As we celebrate the strength and resilience of women this month, it is important to recognize the critical role women play in agriculture and food security. Across Kenya, women are at the heart of farming. They plant, weed, harvest, store seeds, and ensure that food reaches the family table. At the GROW BIOINTENSIVE Agriculture Center of Kenya (G-BiACK), we work closely with many women farmers who are leading the way in sustainable agriculture.

Women are also key custodians of traditional knowledge. They know which crops thrive in changing weather, how to save seeds for the next season, and how to prepare nutritious meals from what they grow. Their knowledge helps families remain food secure, especially during difficult seasons. This season, let us recognize and support the women who continue to nurture our soils, protect our seeds, and feed our nation.

#HAPPYINTERNATIONALWOMENSDAY

COMMUNICATION DESK

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## What Should Farmers Do During the Rainy Season?

The rainy season brings both opportunities and challenges for farmers. Heavy rainfall can cause soil erosion, waterlogging, and nutrient loss, especially in areas with heavy clay soils. However, farmers can take simple steps to protect their crops and soil.

Adding compost and organic matter during this time helps improve soil structure and fertility. It is also a good season to plant crops and indigenous varieties that grow well under local conditions.



By managing water, protecting the soil, and observing their fields regularly, farmers can turn the rainy season into a productive time for their farms.



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